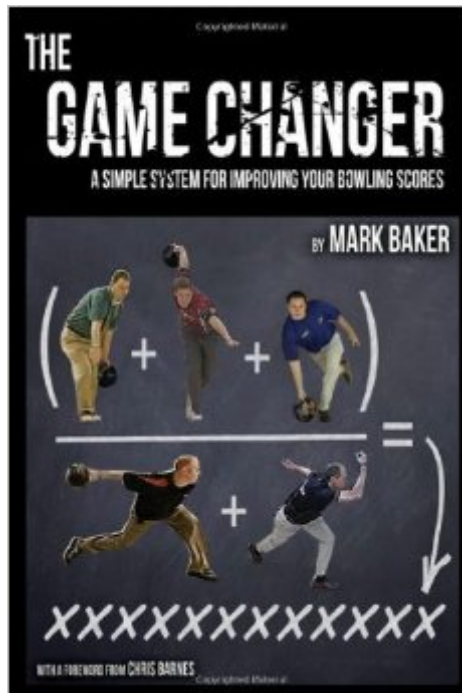


The book was found

The Game Changer: A Simple System For Improving Your Bowling Ccores



Synopsis

Over the last several decades, one of the most frustrating problems facing bowlers who are looking to get better at the sport has been the lack of a simple, universally accepted system that works for everyone. Enter Mark Baker and his revolutionary approach to coaching -- an approach that has made him the most sought-after bowling coach in the world. In this book, Baker reveals entirely new and simple ways to illustrate the kinds of things that can immediately improve a bowler's scores without completely reinventing the bowler's own unique style. Using empirical evidence illustrated by common traits that the vast majority of Hall-of-Fame-caliber bowlers possess, Baker convincingly (and humorously) explains what it takes to improve your bowling scores by making small, easy-to-adopt changes within the structure of your own, natural game. The Game Changer truly is a game changer when it comes to the way bowlers and bowling coaches will approach bowling improvement for the foreseeable future.

Book Information

Paperback: 168 pages

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Product Dimensions: 6 x 0.4 x 9 inches

Shipping Weight: 9.9 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 starsÂ Â See all reviewsÂ (50 customer reviews)

Best Sellers Rank: #452,743 in Books (See Top 100 in Books) #20 inÂ Books > Sports & Outdoors > Individual Sports > Bowling

Customer Reviews

Pros: Entertaining stories, some quite original ideas about bowling mechanics I haven't seen anyplace else. Cons: Insufficient explanation of how to fix problems, a glossing over of ideas that cry out for more information, some factually incorrect or misleading statements (mostly trivial ones). I don't want to give the wrong impression, this isn't a bad book, but if you are buying it in hopes of improving your average I am really doubtful that it will help. It simply doesn't provide enough information and explain things well enough to get you there. Example: on page 36 Mark discusses Tommy Jones' problem with late timing and says, "we'll discuss this problem and its fix fully in the Case Study for this chapter." So what does the Case Study say?"...Tommy and I had a look at the

video and noticed that his timing was extremely late, which was causing his swing to get steep and eliminating his flat spot so that he had no time at the bottom to rotate his hand through the ball like he normally does."And the "fully discussed" solution?"After making a few changes to his footwork, shortening the length of his swing and getting his hips to stay level through the release, Tommy got back to the timing spot and started throwing the ball like his old self again."Huh? WHAT changes did he make to his footwork? How much did he shorten his swing? By keeping his hips level, does he mean the right hip is no lower than the left, (doesn't appear to be that way in either the before fix or after fix pictures of his release) or does he mean that the elevation of the hips from the floor stays the same all the way through the release? Etc., etc.The WHOLE BOOK is like this.

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